



# TRICARE for Special Needs Children Transitioning to Adulthood 2011



# Regions & Managed Care Support Contractors



TRICARE Overseas – International SOS

1-888-777-8343

[www.tricare-overseas.com](http://www.tricare-overseas.com)

- Latin America & Canada
- Eurasia-Africa
- Pacific

TRICARE North  
Health Net  
1-877-874-2273

[www.hnfs.com](http://www.hnfs.com)

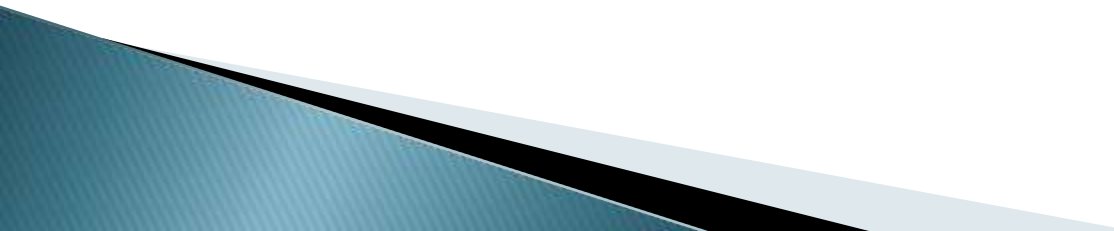
TRICARE South  
Humana  
1-800-444-5445

[www.humana-military.com](http://www.humana-military.com)

TRICARE West  
TriWest  
1-888-874-9378

[www.triwest.com](http://www.triwest.com)

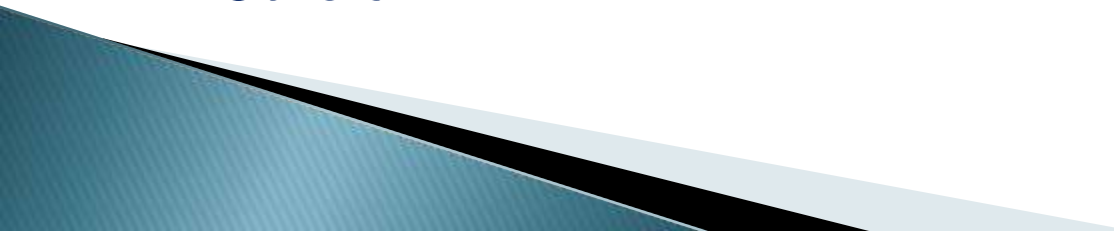
# Adulthood

- Most localities in the United States recognize 18 as the age of majority – when a child legally transitions to adulthood
  - Parents of children with disabilities do not automatically continue as guardians when a child reaches age 18
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# DEERS & ID Cards

- ID cards required for all beneficiaries age 10 and older
- Update DEERS
  - Changing status
  - Changing duty station
  - Adding or removing family member
  - Changing address or telephone number
    - By phone (1-800-538-9552) or fax (1-831-655-8317)
    - Online ([www.tricare.mil/DEERSaddress](http://www.tricare.mil/DEERSaddress))
    - Mail (Defense Manpower Data Center Support Office, Attn: COA, 400 Gigling Road, Seaside, CA 93955-6771)
- ID Cards
  - Rapids site locator – [www.dmdc.osd.mil/rsi](http://www.dmdc.osd.mil/rsi)
  - Schedule appointment – <http://appointments.cac.navy.mil>

# Eligibility

- Eligibility determined by the Uniformed Services
  - Beneficiary categories
    - Sponsor (active duty and retired service members)
    - Medal of Honor recipient
    - Spouse
      - Certain unremarried former (divorced) spouses
    - Children
      - ID card required at age 10
      - To age 21; 23 if full-time student
      - To age 26 if enrolled in TRICARE Young Adult Program
      - Indefinite with qualifying disabilities (incapacitated child)
    - Certain survivors
    - Others
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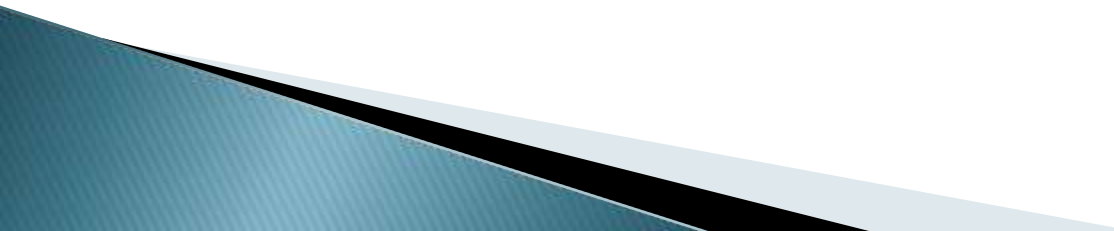
# Establishing Permanent Eligibility

- Policy guidance
  - Air Force Instruction 36-3026\_IP, 17 June 2009, Section 4.6
    - BUPERS Instruction 1750.10C
    - Marine Corps Order 5512.11D
    - Army Regulation 600-8-14
- Eligibility criteria
  - Unmarried
  - Incapable of self-support because of a qualifying disability that existed before the child's 21<sup>st</sup> birthday (or 23<sup>rd</sup> birthday if a full-time student)
  - Dependent on the sponsor for over half of his or her support
    - Or had been at the time of the sponsor's death

# Applying for Permanent Eligibility

- Application for dependency determination should be started no later than 90 days before expiration of the current ID card
- Required documentation
  - Current physician's statement (dated within 90 days of the application)
  - Proof of Medicare Parts A and B if under age 65 and entitled to coverage because of disability or end-stage renal disease, or
    - Current statement from SSA certifying non-eligibility if not entitled to premium-free Medicare Part A
    - Not required for active duty family members
  - Birth certificate (if not already registered in DEERS)
  - Parents' marriage certificate (if not in DEERS)

# Applying for Permanent Eligibility – continued

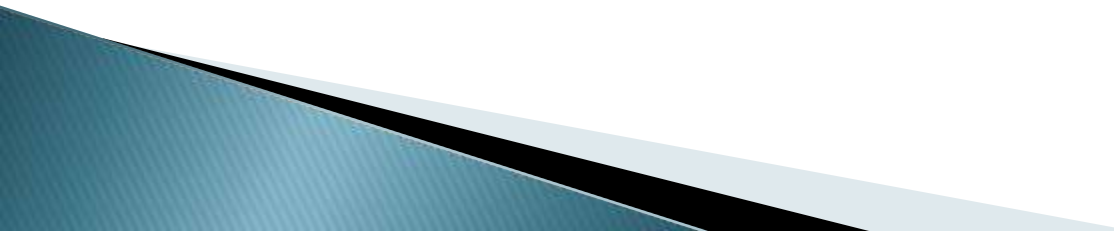
- Additional documentation for incapacitated student
    - Physician's statement indicating incapacitation occurred after the 21<sup>st</sup> birthday but before the 23<sup>rd</sup> birthday
    - Letter from the school registrar verifying that the dependent was a full-time student when the incapacitation occurred
- 



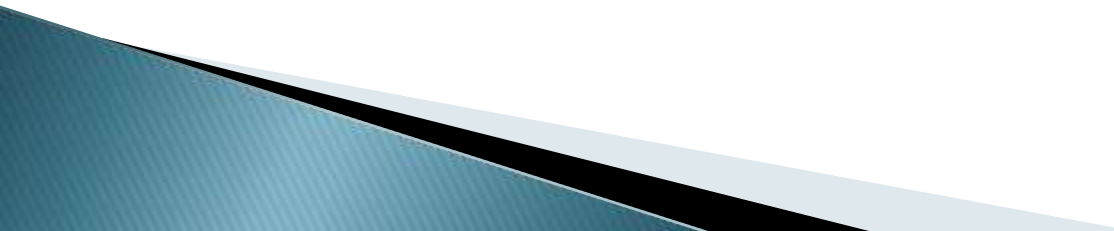
# Issuance of New ID Card

- Some requirements are specific to the different branches of the Uniformed Services
- Required documentation
  - DD Form 1172 (Application for Uniformed Services ID Card – DEERS Enrollment)
  - Approved medical sufficiency statement/letter from a military treatment facility describing
    - Diagnosis and brief summary of the patient's condition
    - Level of incapacitation (temporary or permanent)
    - Onset of condition (congenital, or age when diagnosed)
    - Whether or not the patient is capable of self-support
  - Approved dependency determination (over 50%) from a Uniformed Service approval agency
    - DD Form 137-5 (Dependency Statement – Incapacitated Child Over Age 21)

# Issuance of New ID Card – continued

- Additional documentation for incapacitated student
    - Physician's statement indicating incapacitation occurred after the 21<sup>st</sup> birthday but before the 23<sup>rd</sup> birthday
    - Letter from the school registrar verifying that the dependent was a full-time student when the incapacitation occurred
- 

# Uniformed Services Points-of-Contact

- Army
    - Defense Finance and Accounting Office (DFAS) – Indianapolis
  - Air Force
    - DFAS – Denver
  - Navy
    - Navy Personnel Command – Millington
  - Marine Corps
    - Headquarters Marine Corps – Quantico
  - Coast Guard
    - Special Needs Program Manager – Washington
- 

# Triple Options

Option	Prime/Prime Remote*	Extra	Standard	
Program Type	HMO – Managed Care	Preferred Provider	Fee-for-Service	
Annual Enrollment Fee	Active duty family – \$0 Retiree – \$230 individual \$460 family	N/A		
Annual Outpatient Deductible (waived for activated reserves & during TAMP)	None (except for the Point- of-Service option)	E-4 & below: \$50 individual/\$100 family E-5 & above: \$150 individual/\$300 family Retirees: \$150 individual/\$300 family		
Point-of-Service Outpatient Deductible**	\$300 individual \$600 family	N/A		
Point-of-Service Co-Pay**	50%	N/A		
Office Visit Co-Pay**	Active duty family – \$0 Retiree family – \$12	Active duty family – 15% Retiree family – 20%	Active duty family – 20% Retiree family – 25%	
Emergency Services Co-Pay**	Active duty family – \$0 Retiree family – \$30	Active duty family – 15% Retiree family – 20%	Active duty family – 20% Retiree family – 25%	
Hospitalization Co-Pay**	Active duty family – \$0 Retiree family – \$11/day (\$25 minimum)	Active duty family – \$16.85/day (\$25 minimum) Retiree family – \$250/day or 25%	Active duty – \$16.85/day (\$25 minimum) Retiree – \$535/day or 25%	
Referrals & Authorizations	Required for most specialty services	Pre-authorization required for certain services		
Providers	Military Treatment Facility or TRICARE Network (no deductible or co-pay for MTF outpatient services)		TRICARE Authorized	
			Participating	Non-Participating
Balance Bill	N/A		N/A	Up to 15%
Claims	Provider files		Provider may file	
FY Catastrophic Cap	Active duty family – \$1,000; Retiree family – \$3,000 (does not include POS or balance bill charges)			

\* Prime Remote is for qualified active duty service members, active duty family members, & family members of activated National Guard & Reserve; not available during TAMP

\*\* Does not apply to active duty service members

# ECHO

- For active duty family members with qualifying physical or mental conditions
  - Moderate to severe mental retardation
  - Serious physical disability
  - Condition requiring the beneficiary to be homebound
- Supplements basic TRICARE benefits
- Monthly cost-share based on sponsor's pay grade
- Sponsor must be enrolled in EFMP
- Pre-authorization required for all benefits
- Health Net Federal Services
  - 1-877-874-2273
  - [www.healthnetfederalservices.com](http://www.healthnetfederalservices.com)

# Autism Demonstration

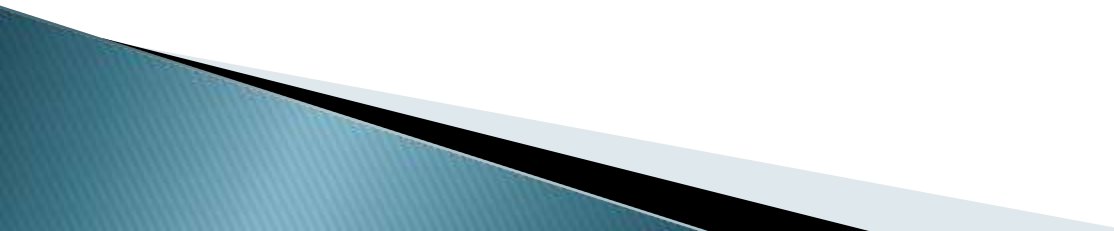
- Enhanced access to autism services
- March 15, 2008 – March 14, 2012
- For active duty family members over 18 months old with an ASD diagnosis
- Sponsor must be enrolled in EFMP
- Family member must be registered in ECHO
- Improved access to educational interventions
- Applied behavioral analysis therapy provided h&s-on by:
  - Primary care provider
  - Educational Interventions for Autism (EIA) supervisors & tutors

# Pharmacy Costs

Pharmacy	Generic (Tier 1)	Brand Name (Tier 2)	Non-formulary (Tier 3)
Military (up to 90 days)	\$0	\$0	N/A
Mail Order (up to 90 days)	\$3	\$9	\$22
Retail Network (up to 30 days)	\$3	\$9	\$22
Retail Non-network (up to 30 days)	Non-Prime: \$9 or 20%		Non-Prime: \$22 or 20%
	Prime: 50%, after point-of-service deductible is met		

There is no deductible for prescriptions filled at an MTF pharmacy, through Mail Order/Home Delivery Pharmacy Program, or at a retail network pharmacy;  
There is no co-pay for active duty personnel

# TAMP

- Transitional coverage for separating service members & their families
    - 180 days
    - Involuntarily separated from active duty under honorable conditions
    - National Guard & Reserve called-up for a contingency operation for more than 30 days
    - Separated from active duty after an involuntary retention for a contingency operation
    - Separated following a voluntary extension for less than one year in support of a contingency operation
- 



# Continued Health Care Benefit Program

- Temporary, transitional health care coverage
- Available when TRICARE or TAMP coverage ends
- Enroll within 60 days after loss of TRICARE eligibility
- Coverage available for 18 to 36 months
  - Sponsors & eligible family members – up to 18 months
  - Unmarried adult children, emancipated children, & unmarried children by adoption or legal custody – up to 36 months
  - Unremarried former spouse – up to 36 months\*
    - \*If specific criteria are met, eligibility may be indefinite
- Similar to TRICARE Standard & Extra
- Quarterly (90-day) premiums
  - Individual: \$988/ Family: \$2,213
- Program managed by Humana Military Health Care Services, Inc.
- [www.humananmilitary.com](http://www.humananmilitary.com) Phone: 1-800-444-5445
- Application (DD Form 2837) is available online

# TRICARE for Life

- Became law October 1, 2001
- Medicare-eligible
  - 65 & over
  - Under 65 with certain disabilities
  - Entitled to Medicare A, & enrolled in Medicare B
    - Exception – active duty & active duty family members are not required to purchase Medicare B
- Monthly Medicare B premium
  - No TRICARE enrollment fee
- TRICARE secondary to Medicare
- Claims processor
  - Wisconsin Physician Services
  - [www.tricare4u.com](http://www.tricare4u.com)

# TRICARE Young Adult – Eligibility

- Unmarried dependent child of an eligible sponsor
  - Active duty service member
  - Activated Selected Reserve member
  - Retired service member
  - Inactive Selected Reserve member
    - Sponsor must be enrolled in TRICARE Reserve Select
  - Retired Reserve member
    - Sponsor must be enrolled in TRICARE Retired Reserve
- At least age 21 (23 if full-time student & sponsor provides at least 50% of financial support), but not yet age 26
- Not eligible for an employer-sponsored health plan
- Not otherwise eligible for TRICARE coverage
  - Such as children with disabilities who retain TRICARE eligibility into adulthood

# TRICARE Young Adult

TRICARE Young Adult Program			
Option	Prime (available October 1, 2011)	Extra	Standard
Program Type	HMO—Managed Care	Preferred Provider	Fee-for-Service
Monthly Premium**	\$213	\$186	
Annual* Outpatient Deductible	None (except for the Point-of-Service option)	Active/Reserve Sponsor E-4 & below: \$50 individual/\$100 family Active/Reserve Sponsor E-5 & above: \$150 individual/\$300 family Retired Sponsor: \$150 individual/\$300 family	
Annual* Point-of-Service Outpatient Deductible**	\$300 individual \$600 family	N/A	
Point-of-Service Cost Share**	50%	N/A	
Providers	TRICARE Authorized Military or Network	TRICARE Authorized Network	TRICARE Authorized Non-Network
Office Visit Co-Pay Active/Reserve Sponsor	\$0	15%	20%
Office Visit Co-Pay Retired Sponsor	\$12	20%	25%
Claims	Provider files		Provider may file
Balance Bill Above TRICARE-Allowable	No		Non-participating—up to 15%**
Referrals & Authorizations	Required for most specialty services	Pre-authorization required for certain services	
Annual* Catastrophic Cap	Active/Reserve Sponsor: \$1000/family Retired Sponsor: \$3000/family		

\*Annual – Fiscal Year (October 1 – September 30)

\*\*Monthly premiums, point-of-service & balance-bill charges do not apply towards the catastrophic cap

# Dental

- TRICARE Dental Program
  - Active duty family members, & National Guard & Reserve members & their families
  - United Concordia
  - [www.tricaredentalprogram.com](http://www.tricaredentalprogram.com)
- TRICARE Retiree Dental Program
  - Retirees & families, Medal of Honor recipients & families, & certain survivors & former spouses
  - Delta Dental Plan of California
  - [www.trdp.org](http://www.trdp.org)

# Information Resources

- NMCP Neurodevelopmental Pediatrics
  - Building 3, 2<sup>nd</sup> floor
  - (757) 953-7379
  - <http://www.med.navy.mil/sites/nmcp/Patients/pediatrics/NeuroPeds/Pages/default.aspx>

# Health Benefit Advisors

- Boone Clinic – Little Creek – (757) 953–8183
  - Kenner Army Health Clinic – Fort Lee – (804) 734–9447
  - Langley 1st Medical Group – Langley AFB – (757) 225–5111
  - McDonald Army Community Health Clinic – Fort Eustis – (757) 314–7939
  - Naval Medical Center Portsmouth – (757) 953–2610
  - Northwest Clinic – Chesapeake – (757) 421–8220
  - Oceana Clinic – NAS Oceana – (757) 953–3933 (opt 7)
  - Sewell's Point Clinic – Norfolk – (757) 953–8708
  - TRICARE Prime Clinic Chesapeake – (757) 953–6382
  - TRICARE Prime Clinic Virginia Beach – (757) 953–6710
  - Yorktown Clinic – Naval Weapons Station – (757) 953–8441
  - Yorktown Coast Guard Clinic – (757) 856–2147
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# TRICARE Service Centers

- Health Net Federal Services
  - 1-877-874-2273
  - [www.healthnetfederalservices.com](http://www.healthnetfederalservices.com)
- Hampton Roads locations
  - Naval Medical Center Portsmouth, Building 249
  - Fort Eustis
  - Langley Air Force Base
  - Fort Lee



# Telephone Resources

- TRICARE Service Center (Health Net Federal Services)  
1-877-TRICARE (1-877-874-2273)
  - TRICARE Mail Order Pharmacy (Express Scripts)  
1-866-DoD-TMOP (1-866-363-1303)
  - TRICARE Retail Pharmacy (Express Scripts)  
1-866-DoD-TRRx (1-866-363-1303)
  - Hampton Roads Appointment Center  
1-866-MIL-HLTH (1-866-645-4584)
  - TRICARE Online  
1-800-600-9332 or 1-210-767-5250
  - TRICARE Dental Program (United Concordia)  
1-800-866-8499
  - TRICARE Retiree Dental Program (Delta Dental)  
1-888-838-8737
  - TRICARE For Life  
1-866-773-0404 (or TTY/TDD callers use 1-866-773-0405)
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# Internet Resources

- DEERS
- Health Net Federal Services
- Naval Medical Center Portsmouth
- Reserve Affairs
- TRICARE Claims Information
  - PBGA
  - TRICARE For Life (WPS)
- TRICARE Dental Information
  - AD Family Member Dental Program
  - Retiree Dental Program
- TRICARE For Life Information
  - Claims (Wisconsin Physician Services)
  - Information
  - Medicare & Social Security
- TRICARE Management Activity (TMA)
- TRICARE Online (Appointments)
- TRICARE Pharmacy Information

[www.tricare.mil/DEERS](http://www.tricare.mil/DEERS)

[www.healthnetfederalservices.com](http://www.healthnetfederalservices.com)

[www.med.navy.mil/sites/nmcp](http://www.med.navy.mil/sites/nmcp)

[www.defenselink.mil/ra](http://www.defenselink.mil/ra)

[www.mytricare.com](http://www.mytricare.com)

[www.tricare4u.com](http://www.tricare4u.com)

[www.TRICAREdentalprogram.com](http://www.TRICAREdentalprogram.com)

[www.trdp.org](http://www.trdp.org)

[www.tricare4u.com](http://www.tricare4u.com)

[www.tricare4u.com](http://www.tricare4u.com)

[www.ssa.gov](http://www.ssa.gov)

[www.tricare.mil](http://www.tricare.mil)

[www.tricare.mil](http://www.tricare.mil)

[www.express-scripts.com/TRICARE](http://www.express-scripts.com/TRICARE)

# Additional Internet Resources

- Military Home Front  
[www.militaryhomefront.dod.mil](http://www.militaryhomefront.dod.mil)
- Military One Source  
[www.militaryonesource.com](http://www.militaryonesource.com)
- Military Child Education Coalition  
[www.militarychild.org](http://www.militarychild.org)
- Americans with Disabilities  
[www.usdoj.gov/crt/ada/adahome1.htm](http://www.usdoj.gov/crt/ada/adahome1.htm)
- The National Dissemination Center for Children with Disabilities  
[www.nichcy.org](http://www.nichcy.org)
- National Guardianship Association  
[www.guardianship.org](http://www.guardianship.org)
- Virginia Department of Health Care Connection Director  
[www.vahealth.org/specialchildren](http://www.vahealth.org/specialchildren)
- Respite  
[www.respitelocator.org](http://www.respitelocator.org)
- Wright's Law Advocacy and Law Libraries  
[www.wrightslaw.com](http://www.wrightslaw.com)
- Endependence Center  
[www.endependence.org](http://www.endependence.org)

# Abbreviations & Acronyms

- CHCBP – Continued Health Care Benefit Program
  - DEERS – Defense Enrollment Eligibility Reporting System
  - DoD – Department of Defense
  - ECHO – Extended Care Health Option
  - EFMP – Exceptional Family Member Program
  - HMO – Health Maintenance Organization (Managed Care Plan)
  - HNFS – Health Net Federal Services
  - MTF – Military Treatment Facility
  - NMCP – Naval Medical Center Portsmouth
  - OHI – Other Health Insurance
  - PGBA – Palmetto Government Benefits Administrators
  - TDP – TRICARE Dental Program (United Concordia)
  - TFL – TRICARE for Life
  - TMA – TRICARE Management Activity
  - TMOP – TRICARE Mail Order Pharmacy (Home Delivery)
  - TRDP – TRICARE Retiree Dental Program (Delta Dental)
  - TRR – TRICARE Retired Reserve
  - TRS – TRICARE Reserve Select
  - USFHP – Uniformed Services Family Health Plan
  - VA – Veterans Administration
  - WPS – Wisconsin Physician Services
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# Thank You

# Questions?

A copy of this presentation is available online at:  
<http://www.med.navy.mil/sites/nmcp/Pages/TRICARE.aspx>

